Freshmen Orientation

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Athletic Department

Sports Offered

Fall- Aug 12th	Winter-Oct 28, Nov 11, 18	Spring-Mar 10th
Cross Country (Boys/Girls) *Equestrian Football Volleyball Boys Soccer *Sideline Cheer Girls Golf	Basketball (Boys/Girls) Bowling (Boys/Girls) Competitive Cheer Wrestling *Powerlifting **Gymnastics ** Hockey	Baseball Boys Golf Girls Soccer Softball Track and Field (Boys/Girls) **Shooting

*= Club team, still recognized as Varsity sport, but some fees involved with playing

**=Co-Op club sport, recognized as varsity, some fees involved

Athletic Paperwork Needed

- All athletic paperwork will be collected digitally through Final Forms
- Athletic Code of Conduct (Each year)
- Transportation form (Each year)
- Online Medical Consent (Each year)
- MHSAA Physical Form
 - Must be done every year after April 15.
 - Physicals around Jackson County by Henry Ford
 - Cost: \$20 cash or check only
 - Please bring the physical information with parent information already filled out <u>and a</u> <u>consent form</u>



Athletic Department Awards

- Tri-Athlete Award- play all three seasons regardless of level
 - Patch for your varsity jacket
 - Three Season Athlete Shirt
 - Name on the Three Season Athlete board in the Cafeteria/Lobby for the year

• Elite Warrior- Earn 9 Varsity letters

- Plaque at Senior Awards Night
- Name on Elite Warrior board in Cafeteria/Lobby

Biggest changes from Middle School

- Practices in the fall start before school starts
- Winter season is only one season long not two
- Teams in sports like volleyball, basketball, football, soccer (boys), baseball and softball are based on level not grade.

What you can do to stay involved

Volunteering at home events

Tickets

Scoreboards, announcing

Warrior Club

Concession stands

Meetings

grasslakewarriors.com

