



*Warning Signs of*

# TEEN DATING VIOLENCE



## ISOLATION

Your teen suddenly spends all their time with their dating partner and distances themselves from friends.



## LOSS OF INTEREST

They lose interest in activities they used to enjoy.



## EXCUSES & APOLOGIES

They find themselves making excuses or apologizing for their partner's inappropriate behavior.



## PHYSICAL SIGNS

Unexplained bruises or injuries start appearing, raising concern.



## EMOTIONAL CHANGES

You notice a sudden change in their demeanor or self-confidence, particularly when they're around their dating partner.



## *Steps You Can Take:*



## LISTEN ATTENTIVELY

Show your support and express your concern. Accept what your teen tells you and avoid being judgemental or offering ultimatums, like forcing them to break up.



## DEVELOP A PLAN OF ACTION TOGETHER

Inform yourself about teen dating violence before offering advice. When you move forward, make sure your teen feels supported and empowered.